

FALL *Speed & Elite Programs*

Monday, SEPT 3rd – Wednesday OCT 31st, 2018

JR SAQ/Endurance
8-12yr old
Mon/Wed: 6:30PM

SR SAQ/ Endurance
13-18yr old
Mon 7:30PM

Elite Speed Training
14-18yrs old
Wed: 7:30PM; Sat: 10:30AM;
Sun 2:00PM

JR SPEED/ENDURANCE:

(AGES 8-12 YRS OLD)

MONTHLY

(4) MON or WED 6:30PM \$80.00
(8) MON / WED 6:30PM \$160.00

6 Week Program

Sept 3 – Oct 10, 2018

(6) MON or WED 6:30PM \$120.00
(12) MON / WED 6:30PM \$230.00

8 Week Program

Sept 3rd – October 31, 2018

(8) MON or WED 6:30PM \$160.00
(16) MON / WED 6:30PM \$300.00

SR SPEED/ENDURANCE:

(AGES 13-18 YRS OLD)

MONTHLY

(4) MON 7:30PM \$90.00

6 Week Program

(6) MON 7:30PM \$135.00

8 Week Program

Sept 3rd – October 31, 2018

(8) MON 7:30PM \$180.00

ELITE SPEED:

(AGES 14-18 YRS OLD)

MONTHLY

(4) WED or SAT or SUN - \$150.00
(8) WED/SAT – WED/SUN - 300.00

6 Week Program

(6) WED or SAT or SUN - \$225.00
(12) WED/SAT or WED/SUN -
\$450.00

8 Week Program

Sept 3rd – October 31, 2018

(8) WED or SAT or SUN - \$300.00
(16) WED/SAT or WED/SUN -
\$600.00

Fees are Non-Refundable

Come or No Come Attendance Policy

Sibling Discount