



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September</b> September 3 – 30	2 LABOR DAY Closed	3 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	4  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	5 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	6	7
8  <b>H.S. Speed/End</b> 12:00PM	9  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	10 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	11  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	12 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	13	14
15  <b>H.S. Speed/End</b> 12:00PM	16  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	17 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	18  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	19 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	20	21
22  <b>H.S. Speed/End</b> 12:00PM	23  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	24 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	25  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	26 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	27	28
29  <b>H.S. Speed/End</b> 12:00PM	30  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	<b>October</b> <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	2  <b>JR Speed/End</b> 6:00PM <b>H.S. Speed/End</b> 7:00PM	3 <b>ADULT</b> <b>K.O. Endurance</b> 5:30AM  <b>Wrestling + Endurance</b> 7:00PM	4	5

**SPEED/ENDURANCE**

8-12yrs - Mon/Wed 6:00pm  
 13-18yrs – Mon/Wed 7:00pm ; Sun 12:00pm

**WRESTLING/ENDURANCE**

8-18yrs – Tues/Thurs 7:00pm

**ADULT (K.O. Endurance)**

18yrs & Up – Tues/Thurs 5:30am