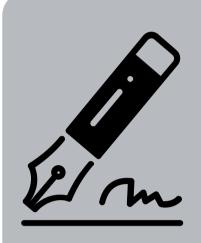


2023 - 2024

Time to get back on the mat! Our club season starts Tuesday October 3rd!!

We are located @ 1201 S. Heatherwilde Blvd. inside Concordia High School.



REGISTRATION INFO:

Open Registration October 3 - November 18 Registration fee \$40.00 Monthly fee \$105.00 (Oct-Feb) USA membership \$55 (must have for practices and competitions)

PRACTICE INFO:

Practices will be Tuesday/Thursday Youth 6:30-8:00 High School 7:00-8:30

Youth wrestlers should arrive 15mins early with plenty of water, extra t-shirt, wrestling shoes, shorts, leggings or pants with no pockets. Nails must be clipped before stepping on the mat.



UNIFORMS/COMPETITION

Singlets and competition gear can be ordered at any time. You can choose any style you like. Please note they take 2-3 weeks to deliver.

- All upcoming tournaments will be posted online with flyer Tournaments are not mandatory.
- Headgear Mandatory you can order online or try one of your local sporting good store. Most popular style is (Cliff Keen Youth Signature 4-Strap Headgear) They can wear White, Navy, Orange or Black

CoreSpeedGym.com/youth wrestling