

# CoreSpeed WRESTLING

## CLUB WRESTLING 2023 - 2024

Time to get back on the mat!  
Our club season starts Tuesday October 3rd!!

We are located @ 1201 S. Heatherwilde Blvd. inside  
Concordia High School.



### REGISTRATION INFO:

Open Registration October 3 - November 18  
Registration fee \$40.00  
Monthly fee \$105.00 (Oct-Feb)  
USA membership \$55 (must have for  
practices and competitions)



### PRACTICE INFO:

Practices will be Tuesday/Thursday  
Youth 6:30-8:00  
High School 7:00-8:30

Youth wrestlers should arrive 15mins early with plenty of water, extra t-shirt,  
wrestling shoes, shorts, leggings or pants with no pockets. Nails must be  
clipped before stepping on the mat.



### UNIFORMS/COMPETITION

Singlets and competition gear can be ordered  
at any time. You can choose any style you like.  
Please note they take 2-3 weeks to deliver.

- All upcoming tournaments will be posted online with flyer  
Tournaments are not mandatory.
- Headgear Mandatory - you can order online or try one of  
your local sporting good store. Most popular style is (Cliff  
Keen Youth Signature 4-Strap Headgear) They can wear  
White, Navy, Orange or Black

[CoreSpeedGym.com/youth wrestling](https://CoreSpeedGym.com/youth-wrestling)